

## NCLEX Deluxe Study Bundle Objectives

- The cardiovascular system- Learn more about the heart, the lab values, and how to grasp the function of how this system works.
- The respiratory system- Receive teaching to help you to better understand this system as well as lung sounds, and interpreting arterial blood gases.
- The lymphatic system- Understand the network of the lymphatic system and what it means for the exam.
- The digestive system- Obtain access to this hour long teaching on the digestive system.
- The integumentary and endocrine system- Learn more about the hormones involved in this system and how this affects the dynamics of the patient.
- The muscular system- Receive adequate teaching to better help you to understand the makeup of this system.
- The skeletal system- Now it's time to learn the skeletal system and how it holds everything together.
- The urinary system- Learn more about the dynamics of the urinary system and how it affects the long term health of the patient.
- The nervous system- Discover the what the nervous system is and how it connects to the muscular system.
- Learn how to create a study plan that works
- Receive a template module of a strong study schedule
- Receive your own study schedule to help you create a plan.
- Learn multiple different cardiac disorders
- Know the different stages of hypertension
- Identify the difference between a non-ruptured and a ruptured aortic aneurysm
- Learn different digestive disorders
- Be able to identify the risk factors, signs and symptoms and treatment of different disorders
- Learn endocrine system disorders
- Learn immune system disorders
- Learn musculoskeletal disorders
- Learn neurological disorders
- Learn important eye disorders
- Learn skeletal system disorders
- Learn urinary disorders
- Understand arterial blood gas interpretation
- Learn strategies for physiological adaptation questions
- Identify normal physical development
- Learn the normal vital signs from fetal development to adult development
- Learn the skin and sensory changes
- Know pediatric GI changes
- Identify the Erickson's stages of development from birth to adulthood.
- Know the different kinds of labor complications during intrapartum and antepartum phase.

- Know apgar scoring and fetal complications
- Know multiple different kinds of medications classifications
- Understand unique rationales, side effects and nursing precautions for different medications
- Understand appropriate medication administration
- Know pharmacological pain management
- Know how to calculate drip factors and dosage calculations
- Learn multiple mental health disorders
- Understand the differences between these disorders and how they are treated differently
- Know the difference between dementia and delirium
- Learn multiple defense mechanisms
- Learn psychotropic medications, rationales and important side effects.
- Learn multiple mental health disorders
- Learn the signs and symptoms and forms of treatment for specific mental health problems
- Understand the difference between dementia and delirium
- Learn different types of psychotropic medications.
- Learn important management of care terms
- Know continuity of care and delegation
- Understand HIPAA
- Learn the important role differences between the registered nurse, licensed practical nurse and certified nurse aide
- Know informed consent and the nurse's role
- Identify different strategies for priority questions
- Learn how to answer priority questions
- Learn how to answer select all that apply questions
- Know the different types of assessment
- Know the care for preop vs postop
- Identify potential complications post-operatively
- Understand how to read EKGs
- Learn the use of chest tubes
- Understand the purpose and nursing precautions of enteral nutrition
- Identify different types of diagnostic tests
- Learn the purpose of mechanical ventilation and the different forms of ventilation
- Learn the Braden scale
- Know important nursing precautions with skin integrity
- Learn the different body positions and positioning
- Identify different types of diet and why you use them
- Understands the electrical conduction system and how it relates to the rhythm
- Recognizes a normal sinus rhythm and the components
- Memorizes the normal time intervals of a normal rhythm
- Understands the correct locations of a 12 lead ECG placement
- Able to differentiate between continuous cardiac monitoring versus 12 lead ECG placement
- Knows the causes, symptoms and treatment for sinus bradycardia

- Knows the causes, symptoms and treatment for sinus tachycardia
- Knows the causes, symptoms and treatment for sinus arrhythmia
- Knows the causes, symptoms and treatment for supraventricular tachycardia
- Able to recognize a junctional rhythm
- Knows the causes, symptoms and treatment of a junctional rhythm
- Understand the differences between a junctional rhythm, accelerated junctional rhythm and junctional tachycardia
- Understands what are atrial rhythms
- Knows the causes, symptoms and treatment for atrial fibrillation
- Understands the difference between paroxysmal atrial fibrillation versus chronic atrial fibrillation, controlled atrial fibrillation versus uncontrolled atrial fibrillation
- Knows the causes, symptoms and treatment for atrial flutter
- Able to recognize and identify what is a premature atrial complex (PACs)
- Understands what are ventricular rhythms
- Knows the causes, symptoms and treatment for ventricular fibrillation
- Knows the causes, symptoms and treatment for atrial ventricular tachycardia
- Able to recognize and identify what is a premature ventricular complex (PVCs)
- Understands what are atrial heart blocks
- Knows the causes, symptoms, and treatment for bundle branch block
- Knows the causes, symptoms, and treatment for first-degree heart block
- Knows the causes, symptoms, and treatment for a second-degree block (I and II)
- Knows the causes, symptoms, and treatment for third-degree block
- Understands the different formats of EKG questions
- Learns important strategies to EKGs
- Able to apply and interpret an EKG strip
- Learn insulin administration
- Learn different drug interactions based on ethnicities
- Learn dosage calculations in detail
- Learn medication administration
- Learn a list of medications separated by classifications
- And More!

## TOPICS LIST

- Cardiovascular Disorders
- Digestive Disorders
- Endocrine Disorders
- Skeletal disorders
- Neuro disorders
- Urinary Disorders
- Immune System Disorders

- Musculoskeletal Disorders
- Neurological Diagnostics
- Eye Disorders
- The Aging Process
- Cranial Nerves
- Maternal & Pediatric Health
- Apgar scoring
- Drugs & Dosage calculations
- Communicable diseases
- Mental health disorders
- Psychotropic medications
- Culture & Spirituality
- Priority & delegation
- Nursing roles
- Nursing management
- Diagnostics
- Chest tubes
- EKGs
- Arterial blood gases
- Skin care & diets
- Positioning
- Electrolytes
- Antepartum
- Interpartum
- Postpartum
- And so much more!